

Health and safety risk assessment checklist

Completion of construction

When answering these questions, you should consider whether there are any factors in your working environment that impact absenteeism due to sickness in your workplace. If you identify any health and safety problems that can contribute to absenteeism due to sickness (e.g. occupational accidents), you should include them in your considerations when prioritising and drawing up an action plan.

Fall to lower level

Yes No

Is there a risk of employees falling from scaffolding, ladders, buildings, etc.?

Falling and stumbling

Yes No

Is there a risk of employees falling or stumbling over things like building materials or due to slippery scaffolding or other surfaces on the building site?

Acute and excessive physical load

Yes No

Is there a risk of employees acutely overloading their bodies when lifting, pulling or pushing items such as cables, appliances, hot water tanks, insulation packages, floor covering rolls or other heavy materials?

Accidents involving handheld tools and machinery

Yes No

Is there a risk of employees cutting themselves or getting their fingers caught in something when working with handheld tools such as box cutters, drilling machines and angle grinders?

Internal traffic

Yes No

Is there a risk of being hit or squeezed by scissor lifts, telescopic loader, cranes, vans or trucks on the building site/worksite?

Loud noise

Yes No

Do employees work with floor/giraffe sanders, chisel hammers, percussion drills, angle grinders or other very noisy machines?

Poor working postures

Yes No

Do employees work in a stooped position, with raised arms, squatting, on their knees or in other poor working postures when mounting ceiling installations or laying floors, for example?

Repetitive and physically demanding work

Yes No

Do employees strain their bodies in the same way over long periods, e.g. due to working in fixed postures when laying floors, painting or installing ceiling installations?

Heavy lifting

Yes No

Do employees carry windows or floor sanding machines up stairs, buckets of paint, radiators, appliances, fixtures, hot water tanks or other heavy materials in the workplace?

Pulling and pushing

Yes No

Do employees exert a lot of physical effort when pulling or pushing wheelbarrows, small barrows, lifting trucks with building materials, etc.?

Large workload, time pressure and unclear requirements

Yes No

Are employees often too busy or assigned too many tasks in the workplace?

Help and support from management and colleagues**Yes** **No**

Do employees need help and support from management and colleagues?

 Offensive behaviour**Yes** **No**

Has anybody at the workplace been subjected to bullying, sexual harassment, discrimination or any other offensive acts by management or their colleagues?

 Psychological first aid**Yes** **No**

Is it unclear whether employees will receive psychological first aid if they fall victim to or witness a serious accident?

 Hazardous substances and materials**Yes** **No**

Do employees work with hazard-labelled products such as epoxy, paint and glue in the workplace?

 Dust, gases and smoke**Yes** **No**

Is there a risk of employees being exposed to quartz dust from concrete, grinding dust, asbestos, welding fumes, mineral wood dust or other hazardous air pollution, e.g. PCB from older window joints?

 Hand-arm vibrations**Yes** **No**

Do employees get tingly or numb fingers when working with highly vibrating tools such as percussive drills, giraffe sanders or other handheld tools?

